



# HAVE YOU HAD LYME DISEASE?

## Myalgic Encephalomyelitis/Chronic Fatigue Syndrome at the National Institutes of Health

Researchers at the NIH Clinical Center seek individuals who have fully recovered from a Lyme infection without having continuing symptoms to participate in a research study. Researchers want to better understand how the body responds to infection and the symptoms that sometimes follow.

### You may be eligible, if you:

- Are between the ages of 18 and 60
- Have medical documentation of previous Lyme infection and treatment within the last 5 years
- Are not experiencing continuing symptoms from Lyme disease
- Have completed the 7th grade or higher
- Are able to stay at the NIH Clinical Center as an inpatient for study visits

### You may NOT be eligible, if you:

- Are pregnant, breast feeding, or trying to become pregnant during the 6 month period of the study
- Are unable to undergo an magnetic resonance imaging (MRI) scan

### Participating includes:

- A pre-screening phone interview

An initial, 5-10 day inpatient visit with up to 8 hours of testing each day, including:

- brain imaging studies using MRI
- blood, urine, saliva, and spinal fluid collection
- a tilt table test
- an activity diary to complete at home

A second 5-10 day inpatient visit with up to 8 hours of testing a day and overnight measurements, including:

- performing vigorous exercise for 10-15 minutes
- sleeping in a room that measures how the body uses energy
- brain imaging studies, brain transcranial magnetic stimulation, and collection of spinal fluid

### For more information, call:

1-800-411-1222

TTY-1-866-411-1010

online: <http://go.usa.gov/x9yYV>

Refer to study 16-N-0058

No cost for study-related tests and procedures and you may receive compensation for your participation



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*The NIH Clinical Center, America's Research Hospital,  
in Bethesda, Maryland, is located  
on the Metro red line (Medical Center stop).*