

# IS ALCOHOL AFFECTING YOUR LIFE?



## Consider joining a research study...

Researchers at the **National Institutes of Health (NIH)** are looking for individuals to participate in a research study investigating an experimental medication that might reduce alcohol craving.

Ghrelin is a hormone found naturally in the body that stimulates appetite. It may also stimulate alcohol craving and use. We want to learn more about alcohol craving and test if a drug that blocks ghrelin lowers the craving for alcohol.

There is no cost to participate and compensation is provided.

### You may be eligible if you are:

- A healthy 18-70 year old
- A heavy drinker with no contraindication to be in the study

### Participating includes:

- Approximately 3-4 week inpatient stay
- Optional outpatient follow up visits
- Taking the study medication or placebo (a liquid solution with no active ingredients) by mouth twice a day
- Physical exams, blood tests, brain imaging scans, questionnaires, virtual reality tasks, and be exposed to alcohol, water, and food cues in a bar simulation

The study takes place at the NIH Clinical Center, America's Research Hospital in Bethesda, MD. We are on the Metro red line (Medical Center stop).

For more information, call:

**NIH Clinical Center Office of Patient Recruitment**

**1-800-411-1222** (refer to 16-AA-0080)

TTY for the deaf and hard of hearing: 1-866-411-1010

Online: <https://go.usa.gov/xQjhb>



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